









#### What's causing the stress?

A life centered on agriculture, farming, or ranching comes with a unique set of challenges for workers and their families.

People commonly experience stress from:

- · Increasing economic uncertainty
- Occupational demands
- Weather and climate
- · Social Isolation
- Stigma surrounding help seeking
- · Market uncertainties
- · Physical health and injury
- Family conflict
- · Legal issues



#### SAgE enables connections and solutions.

The Southern Ag Exchange Network (SAgE Network) provides reliable tools to alleviate stressors in the agricultural community.

By coordinating resources to reduce and respond to stress, the SAGE Network supports the overall well-being of people and families in farming, ranching and other agriculture-related occupations.

Improving wellbeing today fosters better tomorrows for people in agriculture.

#### Agriculture is hard work. But some struggles are simply too much.

We see a future where the naturally hard work of agriculture isn't worsened by stressors that make living or working feel impossible.

Farm stress is real. It shows up differently for each person. Too many people in agriculture are hiding or failing to recognize common signs and symptoms that touch all aspects of life:

Physical—headaches, exhaustion, trouble sleeping, unexplained muscle tightness Emotional—irritability, anxiety, sadness

Mental-memory loss, trouble concentrating

Behavioral—violence, increased farm accidents, misuse of alcohol and/or drugs
Relationships—withdrawal, less interest in family activities, verbal outbursts

## LAWRENCE COUNTY FARMS

Fresh fruit, flowers & vegetables, all grown locally.



lawrence.tennessee.edu

Facebook@picklawco

### **Abel's Acres**

**Location: 3524 Wayland Springs Rd Iron City, TN 38463** Phone: (651) 769-3582

**Hours: 9-5** 

**Products: Eggs & chickens** Sold: Year round

**Products: Sheep dairy (pet safe) Sold: April-November** 

Facebook @abelsacrestn

### **Bowers Farm**

Location: 80 Waterfork Rd Lawrenceburg, TN 38464 Phone: (931) 762-2847 Hours: By appointment only

Products: 100% Grass fed beef Non GMO, soy free, pastured pork Non GMO, soy free, free range eggs Sold: Year round

> **BowersFarmtn.com** Facebook @bowersfarmtn

### **Breezy Acres U-Pick**

Location: 76 Chief Creek Rd Lawrenceburg, TN 38464

Phone: (931) 964-4821 or Phone: (772) 263-1629

Hours: 8am-6pm

**Products: Strawberries, blackberries** 

& blueberries

**Sold: Seasonal June-August** 

Facebook @breezvacresupick

### **Broken S Farms**

Location: 2248 Scenic Rd Lawrenceburg, TN 38464 Phone: (931) 300-2175

Products: Honey Sold: Year round



## **Brushy Creek Greenhouse**

Location: 107 Beeler Rd Lawrenceburg, TN 38464 Phone: (931) 762-3811 Phone: (931) 766-3766 Hours: 8am-6pm when in season

Products: Vegetable plants, hanging baskets planters, annuals, perennials & mums

**Sold: Seasonal** 

### **Bryant Club Lambs**

Location: 2091 Grandaddy Rd Lawrenceburg, TN 38464 Phone: (931) 231-0613

Hours 8am-6pm

**Products: Freezer lambs & Show lambs** 

Sold: All year long

Products: Pumpkins, corn stalks & flowers

Sold: Fall

Facebook @bryantclublambs

### **Center of the Hive**

Location: 85 Macedonia Rd

Lawrenceburg, TN 38464

Phone: (931) 629-2841

Hours 8am-6pm

**Products: Honey** 

**Sold: June-December** 

Facebook @Centerofthehive

### **Corbett Farms**

Location: 77 Garner Rd Leoma, TN 38468

Phone: (334) 332-4533 Phone: (334) 737-8366

Products: Jams, jellies and fruit butters
Products: Honey bourbon BBQ sauce
cayenne pepper hot sauce, salsa, pickles
sourdough bread, cinnamon rolls
Products: Fresh fruits & vegetables

**Sold: Seasonal May-Sept** 

<u>www.thecorbettfarms.com</u> <u>Facebook & Instagram @thecorbettfarms</u>

### **Corbin's Critters**

Location: 243 Glendale Rd Leoma, TN 38468 Phone: (931) 629-4661 Phone: (931) 852-3043

Products: Meat hogs for butcher. Whole or halves (Hampshire, Yorkshire, Tamworth and Redwattle crosses)

Sold: Year round Products: Piglets

Sold: April-June & August-December (usually waiting list in spring so call to be put on waiting list as soon as possible)

Products: Fresh eggs & rabbits
Sold: Year round
Products: Some garden produce available
Sold: Seasonal

Facebook & Instagram @corbinscritters

### Diamond F Cattle Co

Location: 930 Hillcrest St Lawrenceburg, TN 38464 Phone: (931) 242-4759 Hours: Monday-Saturday

Products: Freezer beef Sold: Year round

www.diamondfcattleco.com



### **Faith Farm**

**Location: 1518 Westpoint Rd** 

Westpoint, TN 38486

Phone: (931) 242-7847

**Hours: Seasonal September-October** 

**Products: Pumpkins, corn maze, ziplines** 

Games & much more!

Facebook @FaithFarmLLC

# Five Oaks Cattle Farms

**Location: 901 Lexington Hwy** 

Loretto, TN 38469

Phone: (931) 242-7052

Phone: (931) 853-6054

**Products: Live steers sold for beef** 

**Sold: Spring (Feb-May)** 

### **Flowers Creamery**

Location: 2734 Rhea Branch Rd

Ethridge, TN 38456

Phone: (931) 292-2455

Hours: Mon-Fri 9am-5pm

Sat 9am-3pm

Products: Milk, cheese, ice cream & beef

Sold: Year round

www.flowerscreamery.com

Facebook @flowerscreamery

### **Healing Homestead**

Location: 105 Buck Branch Rd Lawrenceburg, TN 38464

Phone: (931) 231-0121

Hours: By appointment only

**Products: Grass fed lamb & free range eggs** 

Sold: Year round

**Products: Produce & flowers** 

**Sold: Seasonal** 

www.healinghomestead.us

Facebook @farmerkaty

### **Hen-drix Homestead**

Location: 310 Union Hill Rd

Leoma, TN 38468

Phone: (931) 300-3485

**Products: Flowers** 

**Sold: Spring-Fall** 

**Products: Produce** 

**Sold: Seasonal** 

**Products: Eggs, chicks and starter chickens** 

Sold: Year round

Facebook @TheHen-drixHomestead

### **Holiday Acres Farm**

**Location: 346 Campbellsville Pike** 

Ethridge, TN 38456

Phone: (931) 829-2660

**Hours: See website for dates & times** 

Products: You pick flowers

**Sold: July through Oct** 

 $Products: Corn\ maze,\ petting\ zoo,\ hayride$ 

Nature trail & many more activities

**Sold: October** 

www.HolidayAcresFarm.com

Facebook @HolidayAcresFarmTN

## Hudson's Harvest & Horses

Location: 200 Greenwood Rd Lawrenceburg, TN 38464

Phone: (407) 716-0103 Phone: (407) 719-0962

Hours: 9am-5pm
Products: Eggs
Sold: Year round
Products: Pasture poultry

Sold: May-Oct

Products: Green beans, okra, squash & zucchini

Sold: Seasonally May-Sept Horseback Riding lessons offered

Facebook @hudsons-harvest-horses

### **Idyllwood Farm**

Location: 331 Stephens Lane Leoma, TN 38468 Phone: (931) 556-4426 Phone: (401) 413-7338 Hours 8am-6pm

Hours 8am-6pm By Appointment only

Products: Pasture raised, non GMO poultry

Sold: April-November

Products: Pasture/Woodlot raised, non GMO

Mangalitsa pork Sold: Year round

**Products: Grass fed Scottish highland beef** 

Sold: Year round

**Products: Honey and seasonal vegetables** 

Sold: Seasonal Facebook @Idyllwodfarm

### JS2 Farm

Location: 171 Self Rd Lawrenceburg, TN 38464

Phone: (931) 242-8786

Hours: 6am-6pm

**Products: Freezer beef** 

Sold: Year round



### Kernel Dave's Bee Farm

Location: 4965 Hwy 43 N Summertown, TN 38483

Phone: (931) 477-0286 (931) 964-4109

Hours: Monday-Saturday

**Products: Honey & bee mentoring** 

Sold: Year round

### Midhaven Farm

Location: 1155 Westpoint Rd Lawrenceburg, TN 38464

Phone: (561) 847-0194 or Phone: (863) 447-7705

Hours: Tuesday—Saturday 9am to 5pm

Products: Sourdough bagels, jelly, jam & simple syrup

Sold: Year round Products: Flowers Sold: July-September

**Products: Fresh produce & herbs** 

**Sold: June-October** 

Facebook @MidhavenFarm

### **Mitch's Honey Farm**

Location: 291 Mitchell Lane Lawrenceburg, TN 38464 Phone: (931) 762-7328

Hours: Monday-Friday 8am to 4pm

Products: Honey Sold: Year round Products: Garden plants Sold: April-May

Products: Blueberries
Sold: July-August

**Products: Garden vegetables** 

**Sold: July-Sept** 

### **Perry Farms & Flowers**

**Location: 347 Corbin St** 

Summertown, TN 38483

Phone: (931) 446-1377 or Phone: (931) 446-1376

**Products: Spring baskets, bedding plants &** 

vegetable plants

**Sold: March-May** 

**Products: Mums & pansies** 

**Sold: Late August-October** 

Facebook @Perryfarmsandflowers

### Piney Branch Livestock

Location: 3823 Grandaddy Rd

Lawrenceburg, TN 38464

Phone: (931) 629-9312

Phone: (931) 629-5595

Products: Beef- full, half, and quarter bulk packages

Sold: Year round

Facebook @PineyBranchLivestock

### **Pleasant Valley Farm**

**Location: 361 Pleasant Valley Rd** 

Ethridge, TN 38456

Phone: (215) 932-3013

**Products: Muscadine grapes** 

**Sold: September-October** 

**Products: Mums & pansies** 

**Sold: Late August-October** 

Facebook @PleasantValleyFarm

### **Red Hill Orchard**

Location: 376 Redhill Center Rd

Lawrenceburg, TN 38464

Phone: (931) 548-9628

**Products: Apples & Happy Red Seasoning** 

**Sold: Seasonal/Follow Facebook for** 

Facebook @Red Hill Orchard



### **Ridgeline Angus**

Location: 41 Williams Rd Leoma, TN 38468 Phone: (931) 242-7675 Hours: Mon-Fri 9am-5pm

**Products: High quality Angus replacement** 

heifers and breading bulls

Sold: Year round

**Farm Service Solutions** 

**Farming equipment** 

### **Rooted Oak Farms**

**Location: 4118 Shady Oak Lane** 

**Iron City, TN 38463** 

Phone: (256) 443-5490

**Products: Registered Angus cattle** 

seedstock producer-bulls, cows, heifers

**Products: Beef we feed out steers for purchase** 

Sold: Year round

### **Stone** Hill Farm Apiary

Location: 159 Long Branch Rd Lawrenceburg, TN 38464 Phone: (931) 762-5790 or Phone: (931) 629-7021

**Hours: By Appointment** 

 ${\bf Products: Free\ range\ chicken\ eggs}$ 

Sold: Year round

Products: All Natural skin care (Beeswax based), lip balm peppermint, cherry, tango in paradise, Mouser's skin cream honey almond, lavender, frankincense, solid lotion honey almond, lavender, heel balm & cuticle balm Beeswax 1 oz bars and Beeswax candles Sold: Year round

### Susie's Produce

Location: 62 Gray Rd Ethridge, TN 38456

Hours: 8am to 5 pm Closed for lunch

Products: Most all vegetables and pumpkins

**Sold: June thru October** 

**Products: Main crops, tomatoes and sweet corn** 

**Sold: Seasonal** 

### **Three Oaks Honey Farm**

Location: 61 East Edan Rd Ethridge, TN 38456 Phone: (931) 279-7862

**Products: Honey & beeswax products** 

Sold: Year round

**Products: Honey bee nucs** 

Sold: April until sold out



### **Weakley Creek Nursery**

Location: 553 Weakley Creek Rd

Lawrenceburg, TN 38464
Phone: (931) 762-6500
Products: Honey & Beeswax products
Sold: Tuesday-Friday 9:00AM-5:00PM
Saturday 10:00AM-4:00PM

Products: Annuals/Ornamental trees & shrubs Landscaping trees & shrubs, perennials Sold: Year round

Products: Vegetable plants & herb plants Sold: Seasonal

Facebook @weakleycreeknurseryandlandscaping

## AMISH FARMS

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Facebook@picklawco

### Levi & Susan Byler

**Location: 1243 Liberty Hill Loop** 

Ethridge, TN 38456

Hours: Mon-Sat daylight to dark

Products: Bee hives Sold: Year round

**Products: Produce & canned goods** 

Sold: Seasonal Products: Honey

**Sold: Seasonal** 

# Gingerich Woodworking

**Location: 204 Orton Rd** 

Lawrenceburg, TN 38464

Hours: Mon-Sat 8:00AM to 5:00PM

**Products: Cedar lawn furniture** 

Sold: All year round

**Products: Chicken coops & Chicken tractors** 

Sold: All year round

### **Abraham M Gingerich**

**Location: 234 Brooks Hughes Rd** 

Ethridge, TN 38456

Hours: Mon-Sat 8:00AM to 5:00PM

Products: Oak furniture, rocking chairs,

swings gliders, tables & Adirondack chairs



### **Amos Gingerich**

Location: 86 W Edan Rd

Ethridge, TN 38456

Products: Cedar & Sassafras mix

lawn furniture

Sold: All year round

**Products: Seasonal vegetables** 

**Sold: Seasonal** 

### **Andrew N Gingerich**

**Location: 77 Mt Horeb Rd** 

Ethridge, TN 38456

Hours: Mon-Sat 8:00AM to 5:00PM

**Products: Custom cabinets** 

Sold: All year round

**Products: Strawberries, onions, potatoes** 

cabbage, squash, cucumbers, sweet corn

peas & tomatoes

**Sold: Seasonal May thru August** 

### **Dannie Gingerich**

Location: 17 Dye Rd

Summertown, TN 38483

Hours: Mon-Fri 8AM to 6PM

Products: Squash, onions, peas, cabbage

 $strawberries, green\ beans, to matoes, peppers$ 

 $corn, sweet\ potatoes$ 

**Sold: Seasonal** 

**Products: Jams, jellies & canned goods** 

Sold: When available

### **David Gingerich**

Location: 146 Crews Rd Lawrenceburg, TN 38464

Hours: Mon-Fri 8AM to 6PM

**Products: Wooden Spoke Wheels** 

Scented soap, candles & hand made knives

**Sold: All year round** 

Products: Strawberries, tomatoes, peppers, onions carrots, sweet corn, potatoes, squash, cabbage, beets green beans, pole beans, melons, pumpkins

**Sold: Seasonal** 

**Products: Jams, jellies & canned goods** 

Fried pies on Saturday

### **Enos Gingerich**

Location: 24 Rushing Rd Ethridge, TN 38456

Hours: Mon-Fri 7:30AM to 6:30PM

Sat 7:30AM to 1:00PM

Products: Tomatoes, sweet corn, peppers, okra

cucumbers

**Sold: July-August** 

**Products: Watermelon, cantaloupe** 

**Sold: July-August** 

Products: Squash, onions, green beans

Sold: June

**Products: Pumpkins & corn stalks** 

**Sold: Sept-Oct** 

### **Emanuel Gingerich**

**Location: 308 Dooley Rd** 

Ethridge, TN 38456

Hours: 7am to 5pm

Sat 7:30AM to 1:00PM

**Products: Barn wood caskets** 

Sold: Year round



# Fred & Mary Gingerich

Location: 106 Brooks Hughes Rd

Ethridge, TN 38456

Hours: 7am to 5 pm

**Products: Most all vegetables** 

**Sold: Summer months** 

**Products: Sawmill and lumber** 

Sold: Year round

**Products: Golden Retriever puppies** 

**Sold: Year round** 

### **Henry Gingerich**

Location: 3680 Buffalo Rd Summertown, TN 38483

Hours: 7am to 7pm

Products: Wooden wagon & buggy wheels

Wooden wheel displays
Sold: Year round

### Jacob L & Lydia Gingerich

Location: 74 Three Oaks Rd Ethridge, TN 38456 Hours: 7am to 6pm

Products: Custom Storage buildings baskets, porch swings

Sold: Year round

Products: Strawberries, broccoli, green onions green beans, squash, cabbage, tomatoes, corn, peas

**Sold: Seasonal** 

### Jake & Mary Gingerich

Location: 3448 Buffalo Rd Ethridge, TN 38456 Hours: 8am to 8pm

Products: Cabbage, beans, cucumber & squash

Sold: Seasonal
Products: Maple syrup
canned sour kraut, pickled beets & pickles
Sold: Year round

### **Joe Gingerich Farm**

Location: 225 Dooley Rd Ethridge, TN 38456

Hours: Mon-Sat 7:30AM to 6:30PM Products: Vegetables and herb plants

Sold: March 15th to May 31stt

Products: Leather horse tack, gun holsters

belts and leather products

Sold: All year long

**Products: Golden Doodle puppies** 

Sold: When available

### **Moses Gingerich**

**Location: 252 Dooley Rd** 

Ethridge, TN 38456

**Hours: Mon-Sat 7AM to 4PM** 

**Products: Caskets** 

Sold: Year round



### **Noah A Gingerich**

Location: 44 Dooley Rd Ethridge, TN 38456

Hours: Mon-Sat 7AM to 7PM

Products: Strawberries, green onions Sold: Seasonal (April thru May)

**Products: New potatoes, squash, cucumbers** 

tomatoes & green beans Sold: Seasonal (June-Aug)

Products: Southern peas

Sweet peppers & hot peppers Sold: Seasonal (July & Aug)

### Andrew J Hershberger

Location: 83 Jonestown Rd Summertown, TN 38483

Hours: Mon-Sat 7:00AM to 7:00PM

**Products: Potatoes, beans, peas, okra, tomatoes** 

peppers, sweet corn, watermelon, cantaloupe

cucumbers, squash

pumpkins, corn stalks & Indian corn

**Sold: Seasonal** 

### Emery J Hershberger

Location: 49 Snell Rd Ethridge, TN 38456

Hours: Mon-Sat 7:00AM to 7:00PM

**Products: Cutting boards, lazysusan, rolling pin** 

Dog collars & leads

**Sold: Year round** 

**Products: Vegetables** 

**Sold: Seasonal** 

### Johnny E Hershberger

Location: 121 James Rd Ethridge, TN 38456

Hours: Mon-Sat 7:30AM to 6:30PM

Products: Saddle & tack shop, saddle repair

rope halters, purses, hats

dog collars, belts & wallets

Sold: All year long

### **Andy E Hostetler**

Location: 237 Henryville Rd

Ethridge, TN 38456

Hours: Mon-Sat 7:00AM to 6:00PM

**Products: Adirondack chairs, glider, tables** 

swings, garden bridge, picnic tables

Sold: All year long

### Jacob U Hostetler

Location: 3679 Buffalo Rd Summertown, TN 38483

Products: Tomatoes, corn, squash, okra
peppers, potatoes, cucumbers, cabbage, beets
peas, onions, green beans, purple hull peas
watermelon, cantaloupe

**Sold: Seasonal** 

**Products: Baked goods** 

**Sold: Winter months** 

### Joe N Hostetler

Location: 150 Mt Horeb Rd
Ethridge, TN 38456
Products: Honey Bee nucs
Bees are State Inspected
Sold: Taking orders January - March
Pick up: April- May



### **Peter J Hostetler**

**Location: 88 Mint Springs Rd** 

Ethridge, TN 38456

Hours: Mon-Sat 7:00AM to 6:00PM

**Products: Pumpkins, gourds** 

Indian corn & corn stalks

**Sold: Starting in Sept** 

# Millers Custom Hardwood Flooring

**Location: 145 Indiana Ave Rd** 

Ethridge, TN 38456

Hours: 8am to 5 pm

**Products: Hardwood flooring** 

**Sold: Year Round** 

### Miller's Produce

Location: 62 Gray Rd
Ethridge, TN 38456
Hours: 8am to 5 pm
Products: Most all vegetables

**Products: Tomatoes, sweet corn, melons** 

Fall pumpkins Sold: Seasonal

Products: Wooden trailer floor repair

**Place orders in Sept-Oct** 

# Outback Market & Nursery

Location: 131 Beeler Rd Lawrenceburg, TN 38464

Phone: (931) 766-1134

Hours: Tue-Fri 9-5 Sat 9-3

**Products: Bulk foods** 

Sold: Year round

**Products: Fruit trees, shrubs, perennials** 

& blueberries

**Sold: Seasonal** 

### Daniel H Swartzentruber

Location: 211 Mt Horeb Rd Ethridge, TN 38456 Hours: 7AM to 5PM

Products: Log furniture, cedar gliders & swings

Sold: All year long

Products: Bird houses Sold: All year long



### Menno J Zook

Location: 139 Bridy Rd

Summertown, TN 38483

Hours: Mon-Sat 8AM to 5:30PM

**Products: Cypress Patio Furniture** 

Single & double trees, 3 to 6 horse eveners

hay tedders and road graders

gliders, swings & rockers Sold: All year round

#### 4-H

Matt Adams / cadams11@utk.edu Tracy Hagan / thagan@utk.edu

Life Skills STEM Learn By Doing Leadership Camps Project Clubs Community Engagement

### Horticulture

Soil Samples
Gardening
Master Gardener
Pesticide Certification
Commercial
Residential
Horticulture

## Agriculture & Natural Resources

Calvin Bryant ibryant1@utk.edu

Farm Management
Master Beef Producer
Master Small Ruminants
Timber
Master Row Crop
Beef Quality Assurance

#### Family & Consumer Sciences

Stacy Clark sclark46@utk.edu

Food Safety & Nutrition Canning Health & Wellness Exercise Family Money

Lawrence County Extension Office 2385 Buffalo Rd PO Box 100 Lawrenceburg TN 38464

(931) 762-5506

Administrative Assistant Tina Gean tgean@utk.edu

> Mary Faye Crews mcrews3@utk.edu

### Family & Consumer Sciences

TNCEP Program Assistant II Hannah Goins

hgoins@utk.edu

Nutrition Health & Wellness Exercise













For the online edition of the Pick Law Co Directory.



USDA-NIFA Farm and Ranch Stress Assistance Network •Award # 2020-70028-32730
Programs in agriculture and natural resources,
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U.S Department of Agriculture and county governments cooperating.
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